

Building A Better You

A girl-powered fashion program that promotes healthy body image.

“My Choice” Workshop

- Decision Making & Communication Skills
- Deal with Peer Pressure
- Conflict Resolution - Bullying
- Social Networking - Facebook, Twitter, Etc.
- Leadership Skills

Open to females ages 10-21
Choose a 6 or 10 week workshop
Sessions offered afterschool and on weekends
Priced with students and parents in mind.



EMPOWER YOUR FASHIONISTA

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B.A.B.Y.
BUILDING A BETTER YOU

**A fashion forward
approach to building
self-esteem**