



# Building A Better You

A girl-powered fashion program that promotes healthy body image.

## “All About Me” Workshop

- Self-Esteem & Confidence
- Values & Goals
- Deal with Procrastination
- Teenage Entrepreneur
- Financial Literacy

Open to females ages 10 to 21  
Choose a 6 or 10 week workshop  
Sessions offered afterschool and on weekends.  
Priced with parents and students in mind.

**EMPOWER YOUR FASHIONISTA**

Northgate Mall  
1058 West Club Blvd  
Door Entrance #3  
Durham, NC 27717  
[www.buildingabetteryou2.com](http://www.buildingabetteryou2.com)  
(919) 633-0897  
[SDecoster@buildingabetteryou2.com](mailto:SDecoster@buildingabetteryou2.com)

**B.A.B.Y.**  
BUILDING A BETTER YOU

**A fashion forward  
approach to building  
self-esteem**