

Mental Health & Counseling

Durham Recovery & Response Center

Provides medication restart and/or stabilization, group therapy, and referral to ongoing/long term outpatient services. **Call** 919-560-7305
Visit 309 Crutchfield St, Durham, NC 27704

Duke Regional Behavioral Health

A provider will sit with you to help assess your needs for therapy and/or medication.

Address: 3643 N Roxboro St, #6 Durham 27704
Call 919-684-0100 for appointments

Carolina Outreach Behavioral Health Urgent Health Care

Provides walk-in services, emergency medication refills, and crisis counseling to children and adults insured with Medicaid or who are uninsured.

Visit 2670 Durham-Chapel Hill Blvd. Durham, 27707
Call 919-251-9009 for immediate assistance, or 844-866-1166 for questions about services

El Futuro, Inc.

Outpatient clinic that provides comprehensive mental health services for Latino families.

Visit 2020 Chapel Hill Road, Ste 23, Durham 27707
Call 919-688-7101 **Website:** elfuturo-nc.org

Durham Wellness City – Recovery Innovations

Provides support for adults in recovery from mental health or substance use challenges

Visit 2609 N Duke St., Ste 304 Durham, 27704
Call 919-687-4041 for appointments or 866-481-5361 (24/7 crisis hotline)

Transportation

GoDurham and GoTriangle

All routes will remain *free until June 2023*.

Website: gotriangle.org to view route maps and schedules, and plan your trip.

National Hotlines

National Suicide Prevention Lifeline

Call 800-273-8255 (24/7 hotline)
Starting July 16, 2022, you can call or text 988

National Alliance on Mental Illness (NAMI) HELP Line

Call 800-950-HELP (6264) if someone you know is struggling with mental illness.

Trevor Project

Serves LGBTQ+ people who are in need of support
Call 866-488-7386 (24/7 crisis hotline) or
Text START to 678-678

Additional Resources

LGBTQ Center of Durham

Supports LGBTQ+ people through services, resources, programming and support networks
Call 919-827-1436
Website: lgbtqcenterofdurham.org

NC 211

Provides information & referrals to local resources
Call 211 or 888-892-1162
Website: nc211.org

Alliance Health

Serves people who are insured by Medicaid or are uninsured.
Call 800-510-9132
Website: alliancehealthplan.org

NCCARE 360

Connects people in NC with many local resources
Website: nccare360.org

Durham Network of Care

Provides information on local programs & services
Website: durham.nc.networkofcare.org



HEART

HOLISTIC EMPATHETIC ASSISTANCE RESPONSE TEAM

Durham Community Resources

This guide is meant to serve as a starting point for local, trusted resources around:

- ✓ Food
- ✓ Physical Health
- ✓ Employment
- ✓ Transportation
- ✓ Harm Reduction & Recovery
- ✓ Domestic & Family Violence
- ✓ Housing
- ✓ Legal Assistance
- ✓ Mental Health & Counseling
- ✓ Veteran Support

HEART is an official City of Durham program within the Community Safety Department. Our goal is to connect Durham residents to the right care — starting from the point at which someone calls 9-1-1, to the warm handoff to those prepared to help meet the needs of our neighbors in crisis.

Learn more at www.DurhamNC.gov/HEART



COMMUNITY SAFETY
CITY OF DURHAM

Housing & Unsheltered Support

Housing for New Hope

Provides housing and services for people facing housing insecurities.

Visit 18 West Colony Place, Suite 520, Durham

Call 919-489-6282

Website: housingfornewhope.org

Entry Point Durham

Helps people facing homelessness resolve their housing crisis.

Call 984-287-8313 to set up an intake

Website: durhamcoc.org/coordinated-entry-intake

Open Table Ministry

Visit 215 North Church Street, Durham

Hours: Tuesday from 9:30-11:30am for clothing, personal items, and showers; assistance obtaining state IDs, birth certificates, social security cards; housing support

Email referrals@opentableministry.org

Employment

NCWorks Career Center Durham

Provides employment planning & job matching, career assessment & counseling, computer & internet access, community resource referrals

Visit 1105 S Briggs Ave, Durham, NC 27703

Hours: Monday – Thursday: 8:30am – 5:00pm;

Friday: 8:30am – 1:00pm

Call 919-560-6880 **Website:** ncworks.gov

Vocational Rehabilitation Services

Helps people with disabilities achieve their employment and independence goals.

Visit 4312 Western Park Pl, Durham 27705

Hours: Monday - Friday, 8:00am - 5:00pm

Call 919-560-6810 **Website:** dvr.dhhs.state.nc.us

Primary Health +

Lincoln Community Health Center

Provides physical & mental health support

Visit 1301 Fayetteville St, Durham 27707

Hours: Monday - Friday, 8:00am - 8:00pm;

Saturday, 8:00am - 12:00pm

Call 919-956-4000

Website: lincolnchc.org

CAARE Inc.

Provides mental, physical and dental health care.

Call 919-683-5300 for hours of desired service

Visit 214 Broadway St, Durham 27701

Website: caare-inc.org

Food Resources

Visit endhungerdurham.org/food-pantries for a searchable directory of Durham pantries

Meals on Wheels Durham: Visit to apply: mowdurham.org/form/fy23-application-for-services

Legal Assistance

Legal Aid

Provides legal assistance in civil matters to people with low-income

Visit 201 W. Main St, Suite 400, Durham 27701

Hours: Monday - Friday, 8:30am - 4:15pm;

Monday and Thursday 5:30pm - 8:30pm

Call 919-688-6396 and 800-219-5262

Website: legalaidnc.org

Durham Expunction And Restoration

DEAR provides free legal services to Durham residents to expunge charges and convictions from their criminal records and restore drivers' licenses.

Visit Durham County Courthouse

510 S Dillard Street, Suite 6400, 6th Floor

Hours: Monday – Wednesday, 10am – 3pm

Call 984-297-2007 **Email** jeremiahhb@legalaidnc.org

Website: deardurham.org

Veteran Support

Durham VA Medical Center

Provides primary and mental health care, social programs and services for vets. (multiple locations)

Call 919-286-0411 x5418 for the mental health clinic

To enroll: call 877-222-8387 or visit 508 Fulton

Street, Durham, 27705

Website: va.gov/durham-health-care

Triangle Veterans Wellness Outreach

Provides veterans and their families with access to medical support, assistance with VA claims, social security benefits, homelessness, and more.

Call 919-602-4990 **Website:** tvwocinc.org/assistance

Harm Reduction & Recovery

NC Harm Reduction Coalition

Provides support, resources and advocacy around overdose prevention, fair hiring & harm reduction.

Office: 4024 Barrett Dr. Suite 101, Raleigh NC

Email Executive.Director@nchrc.org

Website: nchrc.org

RCOD Recovery Community of Durham

Promote recovery, wellness and citizenship through advocacy, education and support in Durham

Visit 209 N. Elizabeth Street, Durham, NC 27701

Hours: Monday – Friday, 10am – 3pm

Call 919-641-9988

Email recoverycommunityofdurham@gmail.com

Website: recoverycommunityofdurham.org

Domestic & Family Violence

Durham Crisis Response Center

Provides counseling, shelter, safety planning, legal assistance, hospital accompaniment, and more, for those experiencing domestic violence

Visit 206 N. Dillard St, Durham 27701

Call 919-403-6562 (24/7 crisis hotline)

Website: thedcrc.org